

Walk Leader Checklist

- Recce route with your co leader to assess parking, risks, feasibility and grade.
- Submit details using the form on the RWG website
- Check route again for any later changes.
- Bring charged mobile, secateurs, pen and paper and high visibility jackets if you have them or are borrowing them from the Walks Coordinator. Co-leaders should also bring a charged mobile phone with them. Also, take a copy of the Incident Form with you
- Meet walkers at Wilton Sports Centre car park, or other designated meeting point.
- Make list of walkers or delegate this to another walker.
- Before setting off ask if anyone has any medical conditions the leaders should be aware of.
- Arrange car sharing with drivers.
- Add names of walkers joining at start point.
- Lead at correct pace for group, with back-stop appointed.
- Make stops for rest, coffee and lunch.
- Give a few minutes warning before setting off after breaks.
- Count walkers at start and after stops.
- Follow guidance on roads, traffic, incidents and accidents.
- Send list of walkers to Rosemary, using the link on the RWG programme page.

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