

Walks from 2014

January

Friday 3rd January New Year Walk 3 miles Moderate

Leave: 10:00 **Park:** Red Lion Pub, Peterstow (on the A49) **GR:** (162)

555250 **RTVD:** £0.40 **Lunch:** Lunch in Red Lion Pub

Route: Join us for a short walk and lunch to get the New Year started. We'll be leaving the Wilton car park at 10.00 to park in the Red Lion (Peterstow) car park for quick coffee in the pub before a 10.30 departure. An easy walk down to Lower Grove Common, across fields to Peterstow Church then back through Old High Town. A distance of three miles with two short ascents and three stiles. Lunch at the Red

Thursday 9th January Redmarley. Ketford & Dymock 8 miles Moderate

Leave: 09:15 **Park:** Redmarley Village Hall 7BP (By kind permission). **GR:** (190)

752312 **RTVD:** £ 2.00 **Lunch:** Picnic

Route: Much of Poets' Path No.1 - Cobhill Rough, Durbridge Ketford, Dymock and Ryton. Gently undulating with a few stiles.

Tuesday 14th January Tintern – Wynd Cliff 5 miles Moderate

Leave: 09:30 **Park:** Lower Wyndcliff car park on A466

GR: (OL14) 527972 **RTVD:** £2.50 **Lunch:** Morning Walk. Picnic lunch at end or Anchor Inn, Tintern.

Route: Fabulous views over the rivers Severn & Wye at the Eagles Nest viewpoint. A stretch of the Wye Valley Walk over the Wynd Cliff is followed by a section along a rocky track and then a pleasant walk along quiet lanes. Initial steep climb of the 365 steps. One short steep descent.

Thursday 23rd January Hereford and Dinedor Camp 8.75 miles Moderate

Leave: 09:00 **Park:** The Three Counties Hotel, Belmont Road, Hereford, HR2

7BP **GR:** (189) 496385 **RTVD:** £ 2.00 **Lunch:** Picnic

Route: Picking up the Hunderton Railway Viaduct out to Grafton and then across to Bullinghope Church. Fields, an orchard and tracks will take us up to the Iron Age Hill Fort "Dinedor Camp". We return via further fields and tracks and finally enjoy a riverside walk along the south bank. Some great views including the City of Hereford (bring your binoculars). 8 stiles. One moderate ascent and descent.

Tuesday 28th January Ledbury 3 miles Easy

Leave: 09:30 **Park:** Leaddon valley Car Park **GR:** (149)

698368 **RTVD:** £1.70 **Lunch:** The Full Pitcher

Route: River walk alongside Leaddon Way and back via town trail. No obstacles.

Thursday 30th January Upton Bishop to Hole-in-the-Wall 7.5 miles Moderate

Leave: 09:30 **Park:** Leeward House, Upton Bishop. **GR:** (OL14)

641269 **RTVD:** £0.50 **Lunch:** Picnic

Route: Upton Bishop to Hole in the Wall via Perrystone Hill and Yatton Wood following parts of the Herefordshire Trail and Ross Round. Lovely views. 2 steep climbs, many stiles, some very difficult.

February

Tuesday 4th February Lydbrook 7 miles Moderate

Leave: 09:30 **Park:** Lydbrook Car park by river junction of B4228 and

B4234 **GR:** (OL14) 596169 **RTVD:** £ 0.80 **Lunch:** Picnic

Route: Lydbrook-Swallowvalets-Hangerberry Hill. Follows old tramways and railway lines for

some of the walk, also part of the Wysis Way. Walk goes high up the east side of the Lyd Valley, then through quiet woodland and returns high up the west side of the valley with views and glimpses of some of Lydbrook's listed buildings. Some steps up and down and several short ascents and descents. A few stiles.

Thursday 6th February Queenswood Country Park 7.5 miles Moderate

Leave: 09:00 **Park:** Queenswood Country Park **GR:** (149)

506515 **RTVD:** £3.00 **Lunch:** Picnic

Route: Woodlands, fields, common. Uphill at the end. Many stiles.

Tuesday 11th February Murder Mystery Treasure Trail 1.5 miles Easy

Leave: Staggered starts between 09:00 & 09:30 **Park:** Wilton car

Park **GR:** N/A **RTVD:** Nil **Lunch:** Morning walk with coffee at Wetherspoons.

Route: Ross Riverside and Town. Please bring a Pen, Reading glasses and money for your coffee. Self guided walking in small groups using a clues sheet provided.

Thursday 13th February Colwall/Malvern 8 miles Moderate

Leave: 09:15 **Park:** Near Colwall Station **GR:** (190)

745424 **RTVD:** £2.50 **Lunch:** Picnic

Route: Colwall Station up onto Malverns, Wyche Cutting (toilets), Evendine. 4 Stiles

Tuesday 18th February From Fernbank Car Park 8.5 miles Moderate

Leave: 09:30 **Park:** Fernbank Country trail parking lot (Corner of Fernbank road and Eastfield Road)

GR: (OL14) 598 232 **RTVD:** £nil **Lunch:** Picnic

Route: Mainly woodland trails and fields. Steep ascents and longish descents in Chase Wood. Several stiles. Strenuous walk. Stiles. Steep climbs

Thursday 20th February Lydbrook, Joy's Green, Ruardean 7 miles Moderate

Leave: 09:30 **Park:** Piano Corner, Pludds Road - approx.500 yds.from A4136

GR: (OL14) 621154 **RTVD:** £1.40 **Lunch:** Picnic

Route: Brierly, Mierystock, Lydbrook, Ruardean by forest tracks, field paths, lanes. Steps to R.Wye (down & up!), steady climb, approx. 8 stiles

Tuesday 25th February Wonastow 6.5miles Moderate

Leave: 09:30 **Park:** Park in Monmouth where possible, car parks about £1 per passengers, or ring me for suggestions. Start the walk from Monnow Bridge.

GR: (OL15) 505125 **RTVD:** £1.40 **Lunch:** Picnic

Route: To Wonastow church then Jingle Street, return via Whitehill Farm and Ladygrove Wood. 2 climbs of 180m, stiles.

Thursday 27th February Kerne Bridge to Wilton 6.4 miles Moderate

Leave: 09:10 **Park:** Wilton **GR:** (14) N/A **RTVD:** £Nil **Lunch:** Picnic

Route: Walk to Cantilupe Road bus stop (0.9miles via the Rope Walk) to catch Mitcheldean bus No. 24 at 09:45am. Members that live south of Ross can catch it from Tudorville at 0949am then walk home from Wilton at the end. Walk from Bishopswood Village Hall using Bridal Path around

Leys Hill. Past Coughton (drained) Marsh and The Homme back along the riverbank to Wilton. Lovely views. 12 stiles, 4 of which are step though on 2 bridges and 1 short steep and 1 moderate ascent. If flooded the walk will be moved onto higher ground e.g. Arbour Hill and John Kyrle Walk.

March

Tuesday 4th March The Kymin 7

Miles Moderate

Leave: 09:30 **Park:** Lidl car park, Monmouth, furthest away from entrance **GR:** (OL14) 674454 **RTVD:** £1.50 **Lunch:** Picnic

Route: Follow the Wye Valley Walk along river until Lower Redbrook. Climb out of valley and join Offa's Dyke path up to the Kymin to enjoy the wonderful views. Steep ascent back to Monmouth. Many stiles.

Thursday 6th March Forest of Dean 4.5

Miles Moderate

Leave: 09:30 **Park:** Speech House (opposite school) **GR:** (OL14) 623118 **RTVD:** £1.80 **Lunch:** Morning walk only

Route: Speech House towards Crabtree Hill return by Yew tree Brake and Spruce Ride. A few moderate inclines.

Tuesday 11th March Bosbury - Fromes Hill 8.5

Miles Moderate

Leave: 09:30 **Park:** Road alongside Bosbury church **GR:** (202) 696434 **RTVD:** £2.20 **Lunch:** Picnic

Route: Bosbury church > Beacon Hill > Woodcroft farm > Fromes Hill > Castle Frome > Catley > Bosbury. Some stiles - fairly flat - could be muddy.

Thursday 13th March Preston-on-Wye & Bridge Sollers 5.5 miles Moderate

Leave: 09:30 **Park:** Preston-on-Wye Village Hall **GR:** (OL13) 384416 **RTVD:** £2.80 **Lunch:** Picnic

Route: A nice easy walk over farmland, along the river and through orchards with lovely views of the Wye Valley countryside. Just a few stiles.

Tuesday 18th March Hanley Swan/Upton-on-Severn 8.5 miles Moderate

Leave: 09:15 **Park:** St. Gabriels Church, Hanley Swan **GR:** (190) 810427 **RTVD:** £3.00 **Lunch:** Picnic or buy lunch in Upton.

Route: Walk from Hanley Swan to Upton-on-Severn and return. few stiles but otherwise very flat.

Thursday 20th March Birdlip, Stockwell and Brimpsfield. 7.7 miles Moderate

Leave: 09:15 **Park:** Birdlip scenic viewpoint carpark. **GR:** (179) 931154 **RTVD:** £3.90 **Lunch:** Picnic

Route: Walk via Stockwell to Park Woods using 2 underpasses on the A417. Through Brimpsfield and Birdlip villages. Good varied views. 5 Stiles.

Tuesday 25th March Skenfrith 6 miles Moderate

Leave: 09:30 **Park:** Skenfrith Castle ('Black Habits, Black Deeds Walk'). **GR:** (OL14) 457203 **RTVD:** £1.40 **Lunch:** Picnic

Route: Skenfrith, Box Farm, Brookhouse Farm. Return along Black Brook and Norton Brook via Norton Court. Approx 12 stiles. Two climbs of 180 ft.

Thursday 27th March Queenswood Country Park 9

miles Moderate

Leave: 09:00 **Park:** Queenswood Country Park **GR:** (149)

506515

RTVD: £3.00

Lunch: Picnic

Route: Hope-under-Dinmore, Marlbrook and Westhope Hill. One long steep ascent, small number of stiles.

April

Tuesday 1st April Murder Mystery Treasure Trail 1.5 miles Easy

Leave: Staggered starts between 09:00 & 09:30 **Park:** Wilton car

Park GR: N/A **RTVD:** Nil **Lunch:** Morning walk with coffee

Route: Ross Riverside and Town. Please bring a Pen, Reading glasses and money for your coffee.

Thursday 3rd April Mitchel Troy and Penallt 8.5 miles Moderate

Leave: 09:15 **Park:** Car park next to Mitchel Troy

church **GR:** (OL14) 492104 **RTVD:** £2:10 **Lunch:** Picnic

Route: Penallt Church, Caer Llan, Wern Farm. One steep climb, 18 stiles. Total ascent 1,614 feet

Tuesday 8th April Ketford 4.5 Miles Moderate

Leave: 10:00 **Park:** From Dymock follow the narrow lane signposted "Ketford". Follow lane down a slight hill and as the lane turns hard right, in front of a farm entrance, look out for a grass triangle on your left next to a small stream bridge. **GR:** (149)

308729 **RTVD:** £2:30 **Lunch:** Picnic in the Gorland Hut

Route: Gentle walk offering good views, field paths & sunken Bridleways.

Thursday 10th April Caudle Green 7.9 miles Moderate

Leave: 09:15 **Park:** Brimpsfield Village

Hall. **GR:** (179) 938128 **RTVD:** £4.30 **Lunch:** Picnic

Route: Mixed terrain through Climperwell to Witcombe Wood.etc.

Thursday 17th April Redmarley, Ketford & Ryton 8 Miles Moderate

Leave: 09:15 **Park:** Redmarley Village Hall CP **GR:** (190)

752312 **RTVD:** £2:00 **Lunch:** Picnic

Route: Durbridge, Ketford & Ryton. Gently undulating hills with a few stiles. Good views.

Tuesday 22nd April Mailscot Wood 5 miles Moderate

Leave: 09:15 **Park:** Small picnic area on right 1½ miles after Yat Rock car park **GR:** (162) 568
132 **RTVD:** £1.10 **Lunch:** Morning Walk only

Route: Down through Mailscot Wood to river at Biblins, along river to Symonds Yat etc.

Thursday 24th April Cranham, Coopers Hill, Cotswold Way 7 miles Moderate

Leave: 09:00 **Park:** Street park by Cranham Church **GR:** (179)

890124 **RTVD:** £3.50 **Lunch:** Picnic

Route: Over Cranham common, climb to cotswold way and along to coopers hill nature reserve etc.

Tuesday 29th April Wales to England and back across the Severn Bridge

6 miles Moderate

Leave: 09:30 **Park:** Football Ground car park in

Chepstow. **GR:** (OL14) 538917 **RTVD:** £3.70 **Lunch:** lunch at The Old Ferry Inn

Route: From Wales to England and back via the walkways of the old Severn Bridge.

May

Thursday 1st May Breacon Beacons, Hatteral Ridge 7 miles Moderate

Leave: 09:15 **Park:** Llanthony Priory **GR:** (161)

289278 **RTVD:** £4:90 **Lunch:** Picnic

Route: A steady climb from the Priory to Offa's Dyke Path onto Hatteral Ridge. Then a ridge walk with splendid views before a rough descent to lanes and paths. Very steep ascent and descent.

Tuesday 6th May Bluebell walk 7.5 miles Moderate

Leave: 09:15 **Park:** Mallards Pike (Note £3 parking charge per car) **GR:** (OL14)

637091 **RTVD:** £2:00 **Lunch:** Picnic

Route: Mallards Pike to Blackpool Bridge and Bradley Hill. Forest tracks with a long gentle climb. Far reaching views of Severn Vale and carpets of Forest Bluebells.

Thursday 8th May Stoke Lacy & Ullingswick 7 miles Moderate

Leave: 09:15 **Park:** Stoke Lacy Church **GR:** (202)

620494 **RTVD:** £3.00 **Lunch:** Picnic

Route: From Stoke Lacy to Little Cowarne and Ullingswick taking in a variety of paths and lanes, some across farmland, returning along the alder tree lined banks of the River Loddon. Superb views of Marcle Ridge, Sugar Loaf and the Black Mountains. About 20 stiles and a couple of footbridges. Three steady climbs.

Tuesday 13th May Newland 6.8miles Moderate

Leave: 09:30 **Park:** Redbrook A466. 2nd of 2 carparks if travelling from Monmouth. £1 per car **GR:** (OL14) 537 098 **RTVD:** £1.80 **Lunch:** Picnic

Route: Follow Offa's Dyke path up Redbrook Hill. Field paths around Newland with a visit to the Church, known as the Cathedral of the Forest. Follow a lovely valley back to Redbrook. Good views. 14 Stiles

Thursday 15th May Buckholt Wood and Welsh Newton Common 8.5 miles Moderate

Leave: 09:15 **Park:** Dixon in a no through road, opposite side of A40 to prep. school and running parallel with A40.

GR: (162) 517135 **RTVD:** £1.40 **Lunch:** Picnic

Route: Newton Court, Welsh Newton, Buckholt. One long steep ascent, a number of stiles.

Thursday 22nd May Biblins to Edge End, Forest of Dean 8.5 miles Moderate

Leave: 09:15 **Park:** FC Edge End Car Park **GR:** (OL14) 596

139 **RTVD:** £1.10 **Lunch:** Picnic

Route: Paths and lanes to English Bicknor and then above Coldwell Rocks to the Yat Rock. Descend down to the River Wye onto the Wye Valley Walk towards the Biblins bridge. The route progresses through the forest to Hillersland and across fields to the car park at Edge End. Steep climbs in forest.

Tuesday 27th May The Kymin 7 Miles Moderate

Leave: 09:30 **Park:** Monmouth Rowing

Club **GR:** (OL14) 512129 **RTVD:** £1.50 **Lunch:** Picnic

Route: Follow the Wye Valley Walk along river until Lower Redbrook. Climb out of valley and join Offa's Dyke path up to the Kymin to enjoy the wonderful views. Steep ascent back to Monmouth. Many stiles.

Tuesday 3 June Grade: 3 Miles: 7 Leave: 9.30 am RTVD: £3.90 Lunch: Picnic	Coberley Park: Birdlip Scenic car park • GR (179) 931154 Using A417 underpass, through Coberley and Cowley. Gently undulating and a lot of easy walking underfoot on hard tracks. 5 Stiles.
Thursday 5 June Grade 2 Miles: 3 miles Leave: 2.15 pm RTVD: 80p Afternoon Walk	Gorsley Photo Orienteering Park: Dalcross, The Manse Lane, Gorsley • GR (OL14) 674261 A chance to try your hand at orienteering. You will receive road, track and footpath map showing 36 numbered points and clue sheet showing 36 mini lettered photos.
Tuesday 10 June Grade: 4 Miles: 10 Leave: 8.30am RTVD: £6.60 Lunch: Picnic	Waterfalls, Ystradfellte Park: Near Pen-y-Porth, 1 mile south of Ystradfellte • GR (OL12) 928123 Along rivers Mellte and Hepste to Sgwd-y-Eira, Pontneddfechan then along Nedd Fechan and more waterfalls.
Thursday 12 June Grade: 3 Miles: 6.5 Leave: 9.30 am RTVD: £1.80 Lunch: Picnic	Penallt Park: Second Car Park at Redbrook • GR (OL14) 535097 £1 charge (please share) Cross footbridge. Up to Penallt village via 'The Argoed'. Call at Pen-twyn centre to view wild flower meadows. On to Penallt Old Church and back down to the river. Steady climb up to village. Few stiles.
Tuesday 17 June Grade: 1 Leave: 9.30am RTVD: £2.20 Morning Walk	Highnam Court Gardens Park: Highnam Court • GR (162) 793193 Social walk around the beautiful gardens at Highnam Court. Paths mostly gravelled, so unsuitable for wheelchairs. .
Thursday 19 June Grade: 3 Miles: 6.7 Leave: 9.30am RTVD: 50p Lunch: Picnic	Welsh Bicknor Park: Bishopswood Community Hall Car Park • GR (OL14) 582192 Over Kerne Bridge, up and over Welsh Bicknor, down to river and along meadows passing the Rock, then along bottom of Coppet Hill. 1 Steep climb at beginning and 1 gentle ascent later, some stiles, path, lanes and roads
Thursday 26 June Grade: 3 Miles: 7 Leave: 9.30am RTVD: £5 Lunch: Picnic	Tretower, Bwlch Park: Tretower Court and Castle on A479 • GR (OL13) 185213 From Tretower to the Gaers and then along the Roman Road until lane above Bwlch. Through undulating fields and woods to lovely village of Cwmdy then through rough woodland tracks to Tretower. Many stiles, some rough ground and climbs.
Tuesday 1 July Grade: 3 Miles: 5.5 Leave: 9.30am RTVD: 65p Lunch: See note	Harwood End/Hoarwithy Park: Rear car park of The Harewood End pub • GR (OL14) 529268 From Harewood End to Hoarwithy Church and back. 1000ft overall climb, 3 stiles. Morning walk only.
Thursday 3 July Grade: 3 Miles: 6 Leave: 9.30am	Tintern and the Angidy Valley Park: Turn right at the Royal George Hotel and the parking area is 300 yds on right • GR (OL14) 527002 Follow Angidy Valley where there once were 20 water wheels powering

RTVD: £2.80 Lunch: Picnic or Cafe	sawmills and other industries. Then back to the Wye and around Tintern. Over Brockweir Bridge, back along the river and over the Wireworks Bridge.
Tuesday 8 July Grade: 3 Miles: 7 Leave: 9.30am RTVD: £1.40 Lunch: Picnic	Wonastow Park: In Monmouth where possible, car parks about £1per passenger. Start the walk at Monnow Bridge – GR(OL14) 505125 To Wonastow church then Jingle Street returning via Whitehill Farm and Ladygrove Wood. 2 climbs of 180m, stiles.
Thursday 10 July Grade: 4 Miles: 8+ Leave: 8.30am RTVD: £6 Lunch: Picnic	Brecon Beacons Horseshoe Park: At end of lane by Filter House • GR (OL12) 031179 Cross the valley, then a steep climb onto Graig Fan Ddu Ridge. Three peaks - Corn Du, Pen-y-Fan & Cribyn. Return by the Roman Road.
Tuesday 15 July Grade: 3 Miles: 7.5 Leave: 9.30am RTVD: 50p Lunch: Picnic	Goodrich Park: Goodrich Castle (please share parking fee) • GR (OL14) 576199 Goodrich, Coppet Hill, Coldwell Rocks, Welsh Bicknor, Courtfield Farm. Steep climb at commencement of walk.
Thursday 17 July Grade: 2 Miles: 4.6 Leave: 10am Morning Walk	Ross-on-Wye Park: Wilton Road Car Park Wilton Car Park along Wye to Brampton Abbots and return via Greytree Avenue to Wilton. 2 stiles and a few gentle slopes on return.
Tuesday 22 July Grade: 3 Miles: 8 Leave: 9.15am RTVD: £4 Lunch: Picnic	Black Mountains Park: Ffawyddog car park • GR (OL13) 267254 Head up the mountain via Cadwgan to Bal Mawr and Bwlch Bach, then descend to stream and return by Cefn-Coed. A steep ascent at the beginning and a steady climb on the return, could be muddy, few stiles.
Tuesday 5 August Grade: 3 Miles: 6.5 Leave: 9.30am RTVD: £2.50 Lunch: Picnic	Malvern Hills Park: On east side of Mill Pond on Hollybed Common - WR13 6AA GR (190) 774371 Taking in three most southerly hills of Malvern range. Starting from Hollybed Common, mainly gentle ascent to Chase End Hill, steep descent to Whiteleaved Oak, steep ascent to Ragged Stone Hill. An easier alternative route will be available, around lower flanks of Ragged Stone Hill. Finally steady ascent to Midsummer Hill and gentle walk back to Hollybed Common.
Thursday 7 August Grade: 3 Miles: 6.5 Leave: 9.30am RTVD: £2.20 Lunch: Picnic	Grosmont Park: Grosmont Village • GR (189) 405244 Circular walk from Grosmont to Skenfrith. Some stiles and climbs but rewarded with beautiful views.
Thursday 14 August Grade: 3 Miles: 8 Leave: 9.15am	Bredon Hill Park: Roadside parking in Great Comberton village • GR (OL14) 955423 Through farmland, orchard and woods to ancient village; then a steep climb to ridge with wonderful views of the Cotswolds and Severn Valley. Some moderate slopes up and down and very steep climb to ridge, taken slowly. 11 stiles.

RTVD £4.50 Lunch: Picnic	
Tuesday 19 August Grade: 3 Miles: 12 RTVD: N/A Lunch: Picnic	Much Birch to Ross Linear walk from Much Birch back to Ross. Catch No. 33 bus from Cantilupe Road at 9.45am or Wilton Car Park at 9.50am. Bring bus pass. Commencing from School bus stop, Much Birch and following the Herefordshire Trail via Little Dewchurch, Hoarwithy, Kings Caple, Sellack, Peterstow and Bridstow. Undulating ground, fields, paths and tracks with approx. 27 stiles
Thursday 21 August Grade: 1-2 Miles: 7.5 Leave: 9.30am RTVD: £4.90 Lunch: Picnic	Talybont-on-Usk to Brecon Park: Small car parking area just over canal bridge in Talybont • GR (OL13) 115225 Linea walk along Monmouth & Brecon Canal towpath from Talybont to Brecon ending up at Brecon Cathedral tea rooms. No stiles, no climbs apart from short walk up through town from Brecon canal basin to Cathedral.
Thursday 28 August Grade: 3 Miles: 5 Leave: 9.30am RTVD: £1.40 Morning Walk	Littledean Park: Just past cattle grid on road towards Collafield • GR (OL14) 665145 Gentle stroll downhill via St. Anthony's well, then long grade 3 slope back to start, rewarded by wonderful views of Severn Estuary and Cotswolds. 5 stiles.
Tuesday 2 September Grade: 4 Miles: 6 Leave: 9.30am RTVD: £3.80 Lunch: Picnic	Llanfoist – Hills Tram Road Park: At Llanfoist Car Park near Church • GR (OL13) 285134 From Llanfoist along the Monmouth Canal to Govilon and steeply uphill to the Blorenges and down again. Some rough terrain.
Thursday 4 September Grade: 3 Miles: 8 Leave: 9.15am RTVD: £2.40 Lunch: Picnic	Colwall/Malvern Park: Near Colwall Railway Station • GR (190) 745570 Colwall Station up onto Malverns, Wyche Cutting, Worcs. Beacon, Evendine. 4 stiles
Tuesday 9 September Grade: 2 Miles: 4.5 Leave: 9.00am RTVD: £2.80 Morning Walk	Walterstone Park: Pub car park, Carpenters Arms, Walterstone • GR (OL13) 340249 To Walterstone Common, Trelandon, Parsonage Farm and return
Thursday 18 September Grade: 3 Miles: 7.5 Leave: 9.30am RTVD: £1 Lunch: Picnic	Longhope/Mitcheldean Park: Nag's Head at Boxbush • GR (OL14) 683204 Follow Wysis Way over ridge to Mitcheldean and on to Plump Hill. Return via Abenhall and Gloucestershire Way skirting Longhope. Wonderful views. Steep hills up and down. Several stiles

Thursday 25 September Grade: 3 Miles: 9.2 Leave: 9.15am RTVD: £2 Lunch: Picnic	Dingestow Park: Car Park opposite Dingestow Post Office & Village Hall • GR (OL14) 458102 To Treowen House, then joining Offa's Dyke Path to Tregare Mill. A good number of stiles. Undulating
Thursday 2 October Grade: 2 • 4 Miles Leave: 9.30am RTVD: £1.30 Lunch: Morning walk	Forest of Dean Park: Speech House GL16 7EL • GR (OL14) 620121 From Speech House through woodland to Beechenhurst Lodge and along the Cannop Ponds path. Through Russell's Enclosure back to Speech House. A few easy stiles plus a couple of gradual down hills and one steady uphill climb.
Thursday 9 October Grade: 3 • 9 Miles Leave: 8.30am RTVD: £4.50 Lunch: Picnic	Naunton and Slaughters Park: Roadside opposite Black Horse Pub. GL54 3AD • GR (OL45) 119235 Naunton to Upper Slaughter then Lower Slaughter and return via Windrush Way. Time to look at villages so taken at leisurely pace for photographs etc. Undulations, a few stiles.
Tuesday 14 October Grade: 3 • 5.6 Miles Leave: 9.30am RTVD: £1.60 Lunch: Picnic	Garway Hill Park: Kentchurch Church • GR (189) 419256 Park Side, Court-a-Grove Farm, Burnt House Wood, Garway Hill Common, White Rocks, Copse Wood. Some stiles, gentle ascents and descents with one steep ascent from 200m to 366m along ridge to top of Garway Hill Common, then steep descent to White Rocks.
Thursday 16 October Grade: 2 • 5.5 Miles Leave: 9.30am RTVD: £2 Lunch: Picnic	Preston-on-Wye Park: Preston-on-Wye Village Hall HR2 9LL • GR (OL13) 384416 A nice easy walk over farmland, along the river and through orchards with lovely views of the Wye Valley countryside. Just a few stiles.
Tuesday 21 October Grade: 3 • 6 Miles Leave: 9.30am RTVD: 50p Lunch: Picnic	Welsh Bicknor Loop Park: Goodrich Castle • GR (OL14) 576199 Country lanes, river meadow paths, forest tracks with ascents and descents. Beautiful views. No stiles, some steps. Some paths/tracks may be slippery if wet.
Thursday 23 October Grade: 3 • 9 Miles Leave: 9am RTVD: £2.20 Lunch: Picnic	Queenswood Country Park Park: Queenswood Country Park • GR (202) 506515 Hope-under-Dinmore, Marlbrook and Westhope Hill. One long steep ascent, small number of stiles.
Tuesday 28 October Grade: 3 • 10 Miles	Peterstow-Sellack-Ross Catch the No. 33 bus from Cantilupe at 9.45am or 9.50 from Wilton CP Bus to Peterstow, Herefordshire Trail down to Sellack suspension

Leave: See note RTVD: n/a Lunch: Picnic	bridge. Follow the Wye through How Caple and Brampton Abbots and back to Ross. Easy walking with a few stiles.
Thursday 30 October Grade: 3 • 6 Miles Leave: 9.30am RTVD: £1.20 Lunch: Picnic	Mordiford and Haugh Wood Park: Roadside parking west of Mordiford Bridge on Hereford Road • GR (189) 567375 From Mordiford Bridge following the Wye Valley Walk, returning by way of Haugh Wood. One stile, mostly field paths and forest tracks.
Tuesday 4 November Grade: 3 • 7 miles Leave: 9.30am RTVD: £1.00 Lunch: Picnic	Brand Green-Pauntley Park: Brand Green Fruit Farm inside gates • GR (OL14) 749275 Brand Green – Botloe’s Green – Pool Hill – Pauntley Court/Church – Brand Green. Six stiles, some moderate climbs, mostly fields and lanes.
Thursday 6 November Grade:3 Miles: 7.2 Leave: 9.30am RTVD: 50p Lunch: Picnic	Yatton and Perrystone Park: Woodredding Farm, HR9 7RG • GR (189) 640298 Lanes, fields and woodland tracks around Yatton and Lyne Down, part of Herefordshire Trail through Deans Place, past Chapel Farm to Perrystone Hill. Mostly gentle undulating with one short steepish and one longer climb. Plenty of stiles.
Tuesday 11 November Grade: 2 • Miles: 2 Leave: 9.30am RTVD: £1.40 Lunch:	Hereford Park: St. Martin’s Leisure Centre • GR (189) 509394 Historic walk around Hereford for about 40 minutes followed by introduction to Nordic walking. Some steps on walk into Hereford. Nordic Walking is good exercise and will be taken gently.
Thursday 13 November Grade: 3 • Miles: 7 Leave: 9.30am RTVD: £1.80 Lunch: Picnic	Vowchurch Park: By church at Vowchurch • GR (149) 362364 Footpaths and a few stiles through fields and woodlands. Great views from Vowchurch common. One steep ascent and descent
Tuesday 18 November Grade:3• Miles: 6.2 Leave: 9.30am RTVD: 90p Lunch: Picnic	Woolhope and Marcle Ridge Park: TBC Woolhope, Hooper’s Oak, Hoar Wood, Ridge Hill, Sollers Hope, Alford’s Mill. Moderate ascents and descents, several stiles, steep descent from Ridge Hill
Thursday 20 November Grade:3• Miles: 6.5 Leave: 9.30am RTVD: £2.10 Lunch: Picnic	Tintern and the Devil’s Pulpit Park: Turn right at Royal George Hotel in Tintern, parking 300 yds on right. • GR (OL14) 527002 Follow the river south then climb up to Offa’s Dyke path and the Devil’s Pulpit. Drop down to Brockweir, Old Station and back to Tintern. One steep ascent and one steep descent

Tuesday 25 November Grade:3• Miles: 6.5 Leave: 9am RTVD: £2 Lunch: Picnic	Malvern Park: Hollybush • GR (190) 758368 Hollybush via the Gullet to British Camp, return via the Obelisk
Thursday 27 November Grade:2• Miles: 6.5 Leave: 9am	Bus and West of Wye Walk Monmouth bus No. 34 at 9.30am from Cantilupe Road or 9.35am from Tudorville From Kerne Bridge follow west side of river under Goodrich Castle back to Wilton. 5 stiles, 2 bridges with step through stiles.
Tuesday 2 December Grade: 2 • Miles: 6.3 Leave: 9.30am RTVD: £2.60 Lunch: Picnic	Gloucester Canal and River Park: Hempsted Road GL2 5JN • GR (179) 820176 A very interesting flat walk along the Severn Way and back along the canal to Llanthony Priory (Secunda) and the Docks. 3 stiles.
Thursday 4 December Grade: 2 • Miles: 4.5 Leave: 9.30am RTVD: £3.60 Lunch: Picnic	Chepstow Park: Castle and T.I.C., Bridge Street. NP16 5HB. Please share car parking fee. • GR (OL14) 535941 Crossing from Wales into England via the old Town Bridge, taking a short gentle climb to pick up the Gloucestershire Way. Fairly easy walking across field paths, tracks and lanes joining Offa's Dyke Path for our return. 3 stiles.
Tuesday 9 December Grade: 2 • Miles: 4 Leave: 10am Lunch: Picnic	Round The Houses Meet: Wilton Car Park The annual Round the Houses walk, stopping at the homes of our generous mystery hosts for morning coffee, picnic lunch and afternoon tea. Please remember to bring your mug, picnic lunch and slippers
Thursday 11 December Grade: 3 • Miles: 5.5 Leave: 9.30am RTVD: 50p	Ruardean Park: Ruardean Village Hall • GR (OL14) 621175 The Pludds, Ruardean Woodside, Ruardean Hill. Three steady climbs.
Tuesday 16 December Grade: 4 • Miles: 5 Leave: 9.30am RTVD: £3.20 Lunch: Picnic	Longtown Park: Longtown Village – details on the day • GR (OL13) 325285 From Longtown to Clodock and up to triangulation point on Mynydd Merddin Hill. Steep climb up and some steep parts to descent.
Thursday 18 December Grade: 2 • Miles: 7 Leave: 9.30am RTVD: £2.50 Lunch: Picnic	Lydney Harbour Park: Tutnalls (Boating) Lake GL15 5RH • GR(OL14) 637025 Around Hurst Farm, along Severn Estuary to the Harbour and Canal. Very interesting views. Holes are drilled in Rocks to direct gaze. 4 stiles and two bridges with step through's on them.